

When should **you** get your flu shot?

	OCT	NOV	DEC or later
People at high risk of severe illness <ul style="list-style-type: none"> 65 years old or older Even if you re in great health! Children 6-23 months old Children younger than 2 years old have one of the highest rates of hospitalizations from influenza Adults and children with a chronic health condition Such as heart disease, diabetes, kidney disease, asthma, cancer, and HIV/AIDS More than 3 months pregnant during flu season Typically November through March 	Best Time		Not too late!
People who can give the flu to those at high risk <ul style="list-style-type: none"> Household contact or care-giver of someone at high risk Health care workers Household contact or care-giver of a child under 2 years old Infants younger than 6 months old can t get a flu shot, but they can get the flu 	Best Time		Not too late!
Your child s very first flu shot <ul style="list-style-type: none"> Children 6 months 8 years old getting the very first flu shot need a booster shot one month after the first dose of vaccine 	Best Time		Not too late!
Healthy people 50-64 years old	Best Time		Not too late!
Anyone who wants to prevent the flu	Best Time		Not too late!

A flu shot is your best protection against the flu.

For more information: Ask your health care provider or call the CDC Immunization Hot Line.

English: 1-800-232-2522 Español: 1-800-232 0233 www.cdc.gov/nip/flu



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**Fight
the
Flu**